

MAKE IT A MEAL DEAL!

COMBINE ANY MAIN MEAL OR DAILY SPECIAL AND A DESSERT FOR £2.90

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Chilli Con Carne, Nacho Crumb, Mixed Rice & Sweetcorn	Sticky Bang Bang Chicken, Rice & Garlic Green Beans	Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Veg & Gravy	Creamy Chicken, Spinach & Pesto Pasta Bake, House Salad	Chip Shop "Fryday" Fish, Pizza or Fishcake with Chips & Peas
VEGETARIAN MEAL	Mixed Bean Chilli, Nacho Crumb, Mixed Rice & Sweetcorn (VE)	Sticky Plant Based Bang Bang Pieces, Rice & Garlic Green Beans (VE)	Vegetable 'Squashage' Roll Crisp Roasties, Seasonal Veg & Gravy (V)	Arrabiata 'Veggieball' Bake House Salad (V)	BBQ Bean Burger Garden Peas & Chips (VE)
PASTA POT	Pasta in a Cheese Sauce	Tomato & Basil Pasta	Pasta in a Cheese Sauce	Tomato & Basil Pasta	Creamy Pesto Pasta
JACKET POTATO	CHEESE, TUNA OR BEANS AVAILABLE DAILY				
SELF SERVE SALAD BAR	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz	Self-Serve Salad Bar 16oz
COLD SUB ROLL	Chicken & Sweetcorn / Cheese Salad	Roasted Vegetable & Hummus	Tuna & Cucmber Deli Sub	Chicken Tikka Bloomer	Cheese Salad Deli Sub
HOT DESSERT	Vanilla Sponge & Custard	Chocolate Orange Brownie	Biscoff Swirl Sponge	Oaty Apple Crumble	Fruity Fridge Cake
FRUIT	SELECTION OF WHOLE FRUIT AVAILABLE DAILY				

MAIN MEALS & DAILY SPECIALS

DESSERTS

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WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Halal Chicken Sausage (Beef Casing) with Mash & Onion Gravy

Classic Beef Lasagna Home made Garlic Bread & Garden Peas

Sweet Chilli Chicken Kofta, Lemon & Herb Potatoes, Veg or Salad

Chicken & Chickpea Korma, Carrot Rice & Spiced Roast Cauliflower

Chip Shop "Fryday" Fish, Pizza or Fishcake with Chips & Peas

VEGETARIAN MEAL

Crunchy French Onion & Leek Macaroni Cheese House Salad

Vegan BBQ Boston Bean Sausage Casserole, with Mash

Sweet Chilli Chicken Kofta, Lemon & Herb Potatoes, Vegetables or Salad

Cauliflower & Chickpea Korma, with Carrot Rice & Spiced Roast Cauliflower

Vegan Moroccan Spiced Butternut Squash Pasty Chips & Peas (VE)

PASTA POT

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Creamy Pesto Pasta

JACKET POTATO

CHEESE, TUNA OR BEANS AVAILABLE DAILY

SELF SERVE SALAD BAR

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

COLD SUB ROLL

Chicken & Sweetcorn / Cheese Salad

Roasted Vegetable & Hummus

Tuna & Cucmber Deli Sub

Chicken Tikka Bloomer

Cheese Salad Deli Sub

HOT DESSERT

Waffle Berry Pudding

Apple & Cinnamon Pie

Lemon Sponge & Custard

Baked Churros with Chocolate Sauce

Fruity Fridge Cake

FRUIT

SELECTION OF WHOLE FRUIT AVAILABLE DAILY

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DESSERTS

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WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Beef & Lentil Bolognese
with Pasta & House Salad

BBQ Chicken, with Salt 'n'
Pepper Wedges & Spicy Slaw

Salt & Pepper Roast Chicken,
Crisp Roasties, Seasonal Veg &
Roast House Gravy

Chipotle Chicken, Spicy Rice
& Toasted Corn Salsa

Chip Shop "Fryday" Fish,
Pizza or Fishcake with Chips
& Peas

VEGETARIAN MEAL

Smashed Butternut Squash
Pasta Bake & House Salad

Chipotle Quorn Dippers with
Salt 'n' Pepper Wedges &
Spicy Slaw

Roasted Vegetable &
Chickpea Pastry Roll, Crisp
Roasties, Seasonal Veg &
Roast House Gravy

BBQ Plant Based Pieces,
Spicy Rice & Toasted Corn
Salsa

Korean BBQ Bean Burger
Chips & Peas (V)

PASTA POT

Pasta in a Cheese Sauce

Tomato & Basil Pasta

Pasta in a Cheese Sauce

Creamy Pesto Pasta

Tomato & Basil Pasta

JACKET POTATO

CHEESE TUNA OR BEANS AVAILABLE DAILY

SELF SERVE SALAD BAR

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

Self-Serve Salad Bar 16oz

COLD SUB ROLL

Chicken & Sweetcorn /
Cheese Salad

Roasted Vegetable &
Hummus

Tuna & Cucmber Deli Sub

Chicken Tikka Bloomer

Cheese Salad Deli Sub

HOT DESSERT

Chocolate Sponge &
Chocolate Sauce

Brookie Bar

Toasted Coconut & Jam
Custard

Mixed Barry & Apple
Crumble

Hot Chocolate Rocky
Road & Custard

FRUIT

SELECTION OF WHOLE FRUIT AVAILABLE DAILY

MAIN MEALS & DAILY SPECIALS

DESSERTS